#1 /100

2 ₽

boundXbyXmodernXage.blogspot.com

A DIY CUT N PASTE STYLE NINETIES HARDCORE ZINE

BOUND X MODERN X AGE

Interviews:

xRE DEVTOPEx

FORESEEN

LIKES

LIONS

STRAXONT APOY

GET IT DONE!

Stuff about:

Veganism

The Straight Edge

Hardline

Reviews (2013)

Reviews (90's)

Political Correctness

...

90's Metalcore

PRE-ORDER UP NOW!
TAKEITBACKREC.BIGCARTEL.COM

KIDS INSANE
FRUSTRATED 7" EP

EL CAMINO CAR CRASH
ROUTINE 12" EP

LIONS
BIT BY BIT – TAPE

ADAGIO

STREET SURVIVAL RECORD

CLIENT

PRE-ORDER NOW AVAILABLE ON EVIL GREED

OUT NOW:
SOCIETY SUC
CLIENT. - C
WWW.STRE

WITH

PREORDER IN 2014
ADAGIO830

STARTING FROM ZERO

STARTING FROM ZERO LP

A Hardcore Compilation — 34 songs by 24 bands

Dogends, Times Together, Injustice System, Crucial Section, Commitment Crew, Zero Progress, Reproach, Sex Drive, Right Idea, Snob Values, Echoes, Isolation, Seein' Red, Salad Days, Clocked Out, Burial, Night Prowler, Evolve, Eye-Gouge, Sniffing Glue, Become, Citizens Patrol, Skaggs, Vitamin X

Comes with a 12-page booklet. Available on white, red and black vinyl

Order your copy today at: www.crucialresponse.com

CRUCIAL RESPONSE RECORDS

El Camino Car Crash from Austria just put up a first song – "Deadlock" from their upcoming release „Routine".
Out early January on Take It Back Records!

Check it out:

https://elcaminocarcrash.bandcamp.com/

In addition to that they're on Tour with Code Blue Coma pretty soon:

2.1 Bad Aibling @ Bergwerk

3.1 Berlin @ Cassiopeia

4.1 Mannheim @ JuZe

5.1 Münster @ Baracke

6.1 Gießen @ AK 44

CODE BLUE COMA

Index

P1. About
(Who am I & why am I doing this?)

P2. The Holocaust Never Ended…
(Julian speaking out!)

P3. – 5. Interview: Patrick Hassan
(Carry The Weight Records, X Repentance X, Wayfarer, Final Rage, Ego Trip, …)

P6. – 9. Hardline
(Prepare For Battle, No Tolerance!)

P10. Smoking Sucks
(Go ahead keep smoking, I want you to die!)

P11. – 14. Interview: Lies!
(Nineties & The Great Nourishment Debate)

P15. – 16. Protein
(What Vegans have to deal with.)

P17. Political Correctness
(Important or just annoying? What's up there?)

P18. – 20. Interview: Lions
(Elderly Straight Edge Man – The XXX Mosh)

P21. Hardcore Horoscope
(Let me… um, I meant the Stars, tell you the future!)

P22. – 24. Reviews (2013)
(Short Reviews on Stuff that made my year!)

P25. – 28. Interview: Get It Done!
(Vegan Straight Edge Fitness Crack's & Terrorist's)

P29. – 30. Digest That Shit!
(Stuff to Watch & Read, not only for Rene from Lies!)

P31. – 34. Reviews (90's)
(Short Reviews on "real" Metalcore!)

P35. – 37. Interview: Foreseen
(Thrashmetal Punx with a message!)

P38. The Eternal Jihad
(The End…)

So, who am I and why am I doing this?

I'm Tim, 21 years old (probably 22 when this comes out) and from Germany.
Nailed to the X and Vegan for some time now…
I don't want to talk big here, just explain some things, for example why I choose Hardline and Political Correctness as central topics.

Without rating (or judging about) it, I want to inform about the movement "Hardline". Sure, you can hate me for that, say that I'm informing to "partial" and be to blame for a homophobe Nazi-youth – btw. I'd really appreciate letters from readers – but this is no proclamation of anything! Probably provoking here and there, but just to clarify, I won't tolerate racism, fascism, sexism, etc. in any way!
In terms of some Hardline lyrics, it may sound contradictory to some of you, but… hey, so are you!

Everyone has to decide for himself which points prevail… Of course, some of them talked big *shit* now and then, but they also did a whole lot for Hardcore/Metalcore and Veganism/Animal Rights to that time! I'm not sure if you're beloved Fall Out Boy or Bring Me The Horizon were there, if these bands would've never existed!
However, I'm also unsure if I'd support an "A Fetus Is A Life" shouting Band nowadays… btw. check out Human Animal from Erie Lake (including members of Abnegation)!

The Political Correctness Debate is more a personal thing that really bugs me at the moment – Patrick Hassan boils it down there really good! Thanks for that, man!
If you feel affected by this, wait for the next issue (who knows if it'll ever be realized), I'm planning on topics like "The Anti-German Phenomenon" and probably something about the Middle East Conflict – again, I'd really appreciate your letters!

Check out my same-named Blogspot for some good music!
boundXbyXmodernXage.blogspot.com

If It Doesn't Affect You, It Doesn't Exist!

And Special Thanks to my friends Sebastian and Julian who helped me with some Reviews, Columns and stuff!

The holocaust never ended... It just changed species!

You are a strong men and all you are doing the whole day is working hard on the field to receive a place to sleep, water to drink and grain to eat. I look into your eyes and I can imagine how bad you are feeling and I can see your scars from the slavery.
No more slavery, I will show you a better world!

Day by day thousands of you suffocate in the gas chambers. You will die slowly. It takes minutes after your lung is fully intoxicated and you are no longer able to breath. From the outside of the chamber they check if everything is going correctly. Let's escape from this genocide of your race. Life can be beautiful far away from here,
I will show you a better world!

Raped from an unknown guy, you were treaten to born a baby. Right after the birth, they took it away from you and you can't believe what's going on. The throw you to the floor and hold you down until your baby is in another room. You are screaming of pain, but noone is here to help you. Take my hand and I will bring you back to your children.
A better world is possible, without forced rape.

They grab your tits and suck on your nipples. You are caged and they are laughing on you. It is a big business what they are doing. All what they want is only one think. Your body. They make money and you are crying until the next people arrive to get what they want. Let's open your cage of job and run away, somewhere else. You live for your own reason and not for other people. A cruelty free world is possible.

PS: No I am not talking of black people slaved on a farm, neither of judes during the world war second, nor a woman who gets raped or a prostitute. No I am talking about: a horse slaved from the human, a chicken murderd for being a man and a cow who gets fertilized and treaten to produce so much milk as possible.
I don't care about the human being. I care about animals.

By Julian

Part I

P'tek „The Terrorist" Hassan

I guess everyone involved in the UKHC scene for more than some weeks knows you – not just that you run Carry The Weight Records and frequently go to shows, you also played and/or filled in for like 90% of the Bands there in the last years… at least it feels like that!
I mean, people are already writing you hate-mails cause they are afraid of going to a show with you in every Band… or a Band consisting of five Patrick Hassan's… I could swear, I've already heard of a Patrick Hassan Compilation…
However, I guess I have to name some (at least for this zine) essential projects you were involved in: x Repentance x, Sectarian Violence, Never Again, Inherit (on stage), …
Anything you'd like to add or amend here?

As well as what you have mentioned, I have been or currently am involved in Unholy Majesty, Wayfarer, Ego Trip, Final Rage and Breaking Point (sometimes).

I guess you're just back from the EU Tour with Repentance, right?
How was it? How's your feedback? As far as I can say, it was more than awesome!
The two shows I've been to, have really blown me away!

I am extremely happy with how the shows went. I didn't expect the response to be what it was. Very humbling that people so far away know the words to our songs.
Especially as we have only released one 7".

Any "real" plans? Or anything you can say about your plans?
Am really looking forward to new stuff – the new song you played was fucking great!

Thanks! Glad you liked it. We are currently writing for a full length LP.
Hopefully it will come out early next year. Touring is hard as everyone is so busy.
But maybe a longer tour when the LP is out.

Maybe kind of a trite Question, but for how long have you been Straight Edge now and what brought you into it?
Anything particular happened – a cool story you'd like to share?
Any Edge bands that really influenced you back there?

I have been Straight Edge for 8 years and I was drawn to it by my disgust for my immediate social environment at the time. I don't really have any cool stories about it, I just wanted to reassess my values and not just accept what was put in front of me. I also wanted to better myself and my character. Dismissing the unproductive forces around me was the first step to doing so. Bands which really got my attention on the matter:
Minor Threat, Carry On, Judge, A Chorus of Disapproval.

Part II

What about Veganism? Same Question(s)!

Veganism came to me a couple of years later. As with reassessing other values, I considered my moral values also. I could not justify the way we treat, and more importantly view, non-human animals and our environment anymore. I can't really say hardcore or punk had anything to do with that decision, but meeting other vegans involved in the scene probably helped with regard to the facts about human methods of oppression.

Would you say that these (XVX) necessarily go together (at least for you)? Or that one is more important than the other? Why?

I can see how some may link the two fairly strongly, especially if Straight Edge is considered some sort of political stance. However I do not view them in the same light. Veganism is a moral choice (among other things), whereas Straight Edge is purely practical in my eyes and a reactionary stance.

Let's talk about the militance… I guess you know where I want to go with this! Where is the line (that shouldn't be crossed)? Where's yours?

The answer to this will vary greatly from person to person, which I think is a good thing. And I don't think there is a clear cut answer to every conceivable scenario. But you won't see me ever shed a tear over any testing laboratory, slaughterhouse, dairy farm, fur/leather farm, horse/dog race-course getting blown to pieces. They created the line.

And what about Hardline? I guess you've heard that sometimes lately, concerning repentance… It's no secret that you "like" the old hardline-bands in some way – you even did a Prepare For Battle! Rip-Off Tee! And lyrics like: "Bringing forth the flames of justice, Frašō.kərəti engulfs the earth, Violence in the name of liberation, A call for jihad on all mankind." could also be described as hardline-likely…
Would you sign that? Any "Statement" from you?

We all collectively love most of the bands that called themselves 'Hardline', and that movement did a lot of good for veganism and hardcore in many ways. Some of the people who used to be involved with it are now good friends of mine. However, as a movement and the views it maintained (the homophobia, sexism, pro life attitudes and teleological perspectives) are poorly thought out at best and straight up repulsive. All members of xRepentancex agree on that. One good thing however is that it made regular vegans look less extreme comparatively within the scene, which may have helped its appeal. We like to pay homage to that era because the music and militant attitude influenced us heavily, even if we don't agree with a lot of what was said.

Part III

What are your thoughts on political correctness?
I have the feeling that, more than in other countries, in Germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean? Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc., than on actively fighting racism and supporting the scene?

I have noticed this more in Germany than any other country (no question why...), but it comes up in most places. Their motives are admirable, but these 'PC' types end up just alienating themselves, the scene and being counterproductive. It seems that any opportunity to get upset about something is relished in order to make themselves feel like moral saints and give each other a pat on the back. No one cares what some 18 year old internet-warrior thinks, I certainly don't. The ones pointing the finger are usually unbelievably inconsistent and hypocritical that it is cringe-worthy. "Yeah man fuck homophobia!" - while wearing a Bad Brains or Cro-Mags shirt. or "Hey dude smash racism and fascism!" - while cursing the Palestinians for fighting back against the oppression of Israel. That said, in some countries they need to have a hard stance and a strong presence against racism/homophobia because there is a genuine threat of it from right wing extremists and lowlifes infiltrating the hardcore scene. But this isn't the case 90% of the time, and definitely not in the UK scene. I have no time or desire to debate with these moral crusaders and punk prophets about their uninformed opinions that they think people want to hear. Shouting about how racism is bad to a bunch of people who already agree with you is pointless. Use your time more wisely.

Anything left to say?

Shout out to UKHC!

Demo Tape (Atonement & LLR)
Sold Out!

Still available from Carry The Weight Records:

Ego Trip – Alter Ego 7"
Final Rage – Never Blessed 7"
Nibiru – Oxygen Eater 7"
Final Rage & Breaking Point – Split 7"
Sectarian Violence – Upward Hostility 12"
...

7" Officially (Label) Sold Out!
(But still available through distro's & the band)

TIME FOR BATTLE

JUNKIES
DRUG DEALERS
BREAK EDGERS
HIPPIES STRAIGHT EDGE
ANTI-STRAIGHT EDGE
POSSERS
ALCOHOLICS
SMOKERS...

NO TOLERANCE!

HARDXLINE

What is it actually? Where does it come from? And why do people cry about it?

Its origin is obviously the "Hardline" 7" from Vegan Reich, on its own label "Hardline Records". Vegan Reich was formed in 1987, wherefore they can be described as one of the first vegan straight edge hardcore bands generally. But their extreme radical beliefs and lyrics/texts had to effect, that they became a really controversial band in the scene. Besides militant vegan and straight edge lyrics, that not uncommonly called for violence, they also spoke out against abortion (pro-life) and other "unnatural-things" like masturbation and homosexuality. And I guess that is, "Why people cry about it"

...I just want to clarify here, that I don't support such mindset!
Militant Vegan Straight Edge, yes – pro-life, homophobia and religion, no! ...

Nonetheless I think that they were a quite important band to that time, that encouraged and influenced a lot of other people and bands back than! For example, Bands like Earth Crisis, Culture, Unborn, Day Of Suffering, Birthright and a lot more weren't there, if it wasn't for them! Or at least, possibly not in the way they were...

Raid (Words Of War) and Statement (Prepare For Battle) soon picked the topic up and formed the movement. Sean Muttaqi, singer for Vegan Reich was moreover doing the Vanguard Zine (hardline's official press organ) to that time and so it doesn't took a long time, until the first animal exploiting industries stood in flames. Above all Tennessee and especially Memphis had a huge and active hardline scene to that time; one of its most notable achievements was the founding of the CAFT (Coalition to Abolish the Fur Trade). A lot of "Hardliners" were also active in the ALF (Animal Liberation Front) and Earth First!

Statement (solo project from Patrick Rat Poole) started in 1985 – before anyone ever heard of hardline, but already contributing the same message. Fortunately he changed the music style when hardline appeared on the map and don't continued to sound like anarcho-punk.

If I remember right, Muttaqi even said somewhere, that Rat really influenced him back then, or even gave him the idea of combining veganism and the straight edge.

With Hardline- (and later Uprising-) Records he released a lot of awesome Bands, like: Vegan Reich, Statement, Raid, Tension, Racetraitor, Stretch Arm Strong, Vietnom, 7 Angels 7 Plagues, Fall Out Boy, Purification, ...

According to some Rumours the All Out War 7" (Earth Crisis) was also supposed to come out on Hardline-/Uprising Records, but anyhow it doesn't come to existence... Probably because Muttaqi was already on his "hiatus" to the time they wanted it to be released,
but I don't know...

Many Hardline Chapters around the World also ran Record Labels, which released really good stuff, for example the German Chapter – No Cruelty! Records released the Neckbrace 7" (1994), UK Chapter – Clear Perception Records (with the same-named Zine) released the Lifer 7" (1995), Militant Records from the USA released Warcry (1993), Abnegation (1994) and Sevin (1995), …

But many of these Chapters strayed from the path after a while or had problems within their own movement, like the discussion if cooked food was "natural" enough… Some also tried to live totally independent/self-sufficient, what mostly went wrong, cause they didn't had the needed agricultural and engineering skills.

At least for me, Catalyst Records can also be considered to one of those Labels. It might not necessarily be arisen from a Hardline Chapter, but they released some really good stuff (also starting in '92) with the same message. Some really "militant" hardline(alike) bands they put out were: Abnegation, Birthright, Culture, Day Of Suffering, Extinction, Purification, …

And, last but not least, I guess I have to point out – maybe to prevent some hate in that direction – that Rat (Statement and later Unborn, Cracked Cop Skulls, Riot/Clone, Talisman), as far as I know never "really" called himself a Hardliner – he liked the scene/people/music and all that, but always had a problem with the sexual, up to homophobic aspects, what was also the reason why he dropped the label later on.

HARDLINE RECORDS

Presents these truths for your edification:

- Estimated rate of worldwide tropical deforestation per minute: 150 acres. Per day: 216,000 acres (roughly the size of the Rocky Mountain National Park).
- Percentage of tropical rainforest deforestation directly linked with livestock raising: more than 50%.
- Amount of forest lost for every hamburger produced from livestock raised on what was Central American Forest: 55 square feet (size of a small kitchen).
- Estimated weight of trees, saplings, seedlings, insects, birds, reptiles, mammals, fungi and microorganisms killed or displaced for every hamburger produced from Central American forest: 1/2 ton.
- Current rate of species extinction due to destruction of tropical rainforests and related habitats: 1,000 per year.
- Estimated number of species that will become extinct in Central and South America by the year 2000 if present rate of deforestation continues: 150,000 to 500,000.
- Year in which Central and South America will be stripped of tropical rainforest if present rate of deforestation continues: 2010.
- How often an acre of U.S. trees disappears: every 8 seconds.
- Number of acres of U.S. forest converted into land for grazing livestock and/or growing livestock feed for every acre cleared for urban development: 7 acres.
- Amount of trees spared per year by each individual who switches to a vegan diet: 1 acre.
- Percentage of U.S. water used for some phase of livestock production: more than 50%.
- Water needed to produce 1 pound of wheat: 25 gallons. Water needed to produce 1 pound of meat: 2,500 gallons.
- Main source of water for High Plains region of the United States: Ogallala Aquifer. percentage of water drawn from Ogallala that is used to produce beef: 75%.
- Estimated cost of subsidizing the meat industry in California with water per year: $24 billion. 1991 budget for child welfare services in California: $425 million.
- Average amount of water required daily to feed a person following the standard U.S. meat-based diet: 4,200 gallons.
- Average amount of water required daily to feed a person following an ovo-lacto-vegetarian diet: 1,200 gallons.
- Average amount of water required daily to feed a person following a vegan diet: 300 gallons.
- Amount of water a person would conserve per year by switching from a meat based diet to an ovo-lacto-vegetarian diet: 1,095,000 gallons.
- Amount conserved by switching to a vegan diet: 1,423,500 gallons.
- Amount of U.S. topsoil lost to date: about 2/3.
- Percentage of U.S. topsoil loss directly associated with livestock raising: at least 85 percent.
- Percentage of total U.S. land area used for any type of agriculture: 52%.
- Percentage of U.S. agricultural land used for livestock production (including pasture, rangeland and crop land): 87%.
- Percentage of total U.S. land used for livestock: 45%.
- Amount of irrigated land used in the Pacific Northwest Washington, Oregon and Idaho) to grow feed and fodder for livestock: 4.6 million acres.
- Amount of land used to supply America with Idaho potatoes, Washington apples and Oregon pears: 0.8 million acres.
- Average amount of meat eaten by each American annually: 190 pounds.
- Number of people who could be adequately fed by the grain saved if Americans quit eating meat: 600 million people.
- Amount of waste produced every second by animals raised for human consumption: 125 tons(the weight of 15 African elephants).
- Percentage of water pollution that can be linked to wastes from the livestock industry: more than 50%.
- Percentage of all raw materials(base products of farming, forestry and mining, including fossil fuels) consumed by the United States that are devoted to the production of livestock: 33%.
- Calories of fossil fuel expended to get 1 caloric of protein from beef: 78%. From milk: 36 calories. From chicken: 22 calories. From soybeans: 2 calories.
- Percentage our imported oil requirements would be cut if the United States switched to a vegetarian diet: 60%.
- Energy equivalent that a family of four would conserve in one year by cutting back meat consumption by 2 pounds each week: 104 gallons of gasoline.
- Percentage of Americans who call themselves environmentalists: 76%.
- Percentage of Americans who are vegetarian: 2.8%

And for your further enlightenment...Three 7" records concerning animal lib, anti drug and environmental topics by the following bands:

VEGAN REICH — *Hardline*

RAID — *Words of War*

STATEMENT — *Prepare for Battle*

US $3.50 each (postpaid) in cash or money order **Worldwide $6.00 each** (postpaid) in US currency or international money order

For t-shirt info, the Animals Film Booklet plus articles on veganism and the meat and dairy industry, send $1 or two I.R.C.s to:

Hardline Records P.O. Box 490 Laguna Beach, CA 92652 USA

GO AHEAD KEEP SMOKING
I WANT YOU TO DIE

LIFE SENTENCE X
RECORDS

Had this conversation on my (tumblr) dashboard recently...
And, I don't know, but I guess most people won't get it!

"friendly reminder that giving smokers shit is the same as fat shaming"

"friendly reminder that second-hand smoking damages the people around you by making them inhale carbon monoxide and carcinogenic chemical compounds linked to diseases such as lung cancer and childhood leukaemia and can cause pregnant women to lose their baby whereas second-hand eating isn't even a thing"

Was person number one serious about that? Fuck these dumb people!
Fuck these people who are so annoyed by the new non-smokers protection act, that they're spamming my (facebook) dashboard with shit like:

"Like, for a smokers protection act! This no-smoking law has to be banned, yo!"

Blow that smoke in my face, and God knows what I'll do
Your fucking lifestyle makes me sick
Straighten out your act, and fucking quick
I can't understand why you do that shit
Cause me and my crew won't stand for it!

Floorpunch

PART I

LIES!

Introduce yourself! With whom am I talking and what is your function in the band?

Hi! I am Rene singer of Lies! We're a hardcore band from The Netherlands started in 2009 and are still in the same line-up as we started. My duties in the band are shouting, tourbooking and I do the designs of our merchandise and records. I moved to the Caribbean island Curacao for my work last year. I try to get back to Europe as much as possible so we can keep on playing shows.

You also do the designs? That's pretty cool man… What are you doing for a living? Got anything to do with that? And, must be hard to practise when you're so far away from your band mates… I guess you're not really writing new material at the moment, do you?

We have a new release coming up! In a few weeks our split-CD with Hands Upon Salvation (Indonesia) and Deconsecrate (Belgium) will be released on Diorama records and BirthDie records. The three songs we contributed are taken from the Nineties 12". It's not released on a CD yet. Sander our gitarist writes all the music. We write songs and lyrics at home and we practice when we're together. At the moment we don't have any new songs coming-up yet.

I don't want to label myself as an artwork designer but it's a nice inspirational thing to do. On my 18th I started with webdesign. Together with some friends we built up a pretty succesful UX design company. 10 years later we were with about 25 to 30 people. I had so many ideas that I started a new company. I have several shops in furniture, design etc. and became in no-time one of the leading shops in our branche. As internet entrepreneur you have so much freedom. Where ever I go I take my notebook and do my work. Even when we're on the road with the band. If you're in a band and want to tour a lot - consider a job you can do from out of your laptop.

Your new EP is called "nineties" – really cool, but also kinda odd name for a record… What was the Idea behind that? Is it because the 90's where the most awesome century? You guys look like you could be grown up in them as well! Or is there a deeper meaning?

We grew up with hardcore from the 90s such as All Out War, Earth Crisis, Morning Again and all those great bands from the Belgium H8000 scene and this is an area to be remembered. The metalcore bands of those days are a great influence to us. New kids in the scene often say we play something totally new - but they don't know all those great bands from back then. Maybe just by name. That is one of the reasons we decided to name our album Nineties.

Part II

It's beyond question, that the 90's originated some of the best records ever! It even brought us some whole new genres – I mean, where would we be without 90's Metalcore/Hardcore? What are your experiences with it? Which records would you consider as essential and influencing?

It was a decade where more and more hardcore bands added metal and more emotion in hardcore. My top 5 bands from the 90s are All Out War, Morning Again, Shai Hulud, Poison the Well and Hatebreed. Mostly records from the late 90s. All Out War together with the first few Terror records are the biggest influences for us. So it's not 100% old school. In August I went to This Is Hardcore Fest in Philadelphia. You still see the older bands going strong, but newer great bands like Incendiary, Suburban Scum, Defeater, Modern Life is War or Turnstile are bands who could easily be from that time. On festivals like that you see the style isn't developed that much in 15-20 years, but that's hardcore you know. But I really don't get stuck in the past. It's not everything was great back then, there's so much after. What about the new Modern Life is War, Xibalba, Comeback Kid, Angel Dust, Coldburn or Rival Mob...?

Yeah man, I can totally feel you! What do you think about all these great bands from back then, like Morning Again, Culture, Outspoken, Strife and just recently Judge, who are doing some kind of re-union shows/tours now?

All those bands you mention are really cool. The split-CD with Kindred and Culture is one of my all-time favourites. Judge appears almost in all my hardcore playlists. I won't make much friends with this - but why did they reunite when you can't even give a little energy on stage in the long-awaited comeback shows. I saw them on TIHC and paid about 1000 dollars to get a flight, hotel and a 4-day ticket especially to see All Out War and Judge. All Out War who rarely do shows killed it. Judge played a solid show but really disappointed me with their stage performance. Porcell hardly hobbled 10 meters during that set. Most of the other band members played like they played in their practice room. I just want action! A hardcore show! Luckely for them the crowd made the show.

Okay, I already know that you're not an Edge Band, but what about the members? Are any of you? Have anything to say about that topic?

No one of us is straight-edge. In my opinion it is really a 'kid' thing. A personal choice that not really saves the world but yourself. At TIHC I laughed my ass off seeing all those smoking and drinking kids wearing Project-X and Judge shirts. And it's pretty easy to label yourself edge when it's prohibited to drink till your 18th or 21st. I would say stay healthy but don't forget to live. Decide what's best for you.

And what about Veganism? You have some lyrics, that could be interpreted in a way like that... At least, songs like "Tyrant", "Written In Blood" or "Trapped In All The Lies" sound really misanthropic!

We're are not vegan but speaking for myself I try to keep it as much grass-fed meat as possible with a few days a week a vegetarian meal. I think it's a good thing to show what we do to our planet. That's what our lyrics are about. The weakness of our greedy souls. Huge multinationals influencing politics. We keep you simple-stupid so we reign, or topics about over-population and over-consumption and so on. You feel and hear the apocalyptic vibe in our songs for sure. Since I live on a beautiful but politically corrupt island with all of these topics on a scoop I have plenty of inspiration for new songs. Did you know our drummer is chief in one of Europe's leading seal rehabilitation and research centres? There's hope (lol).

Part III – or, The Great Nourishment Debate!

Haha – that's pretty cool! But, are you serious? Don't you see the benefits from a plant-based diet? I'm not just talking 'bout the undeniable cruelty that you accept when eating meat or animal products, I'm also talking 'bout the environmental aspects and such things as equality and distribution of goods world wide… I mean, I don't want to be preachy, but I beg you and everyone else to question your acting. (I'll name some good literature and documentations later in this zine)

I see the benefits but not plant-based only. I still need some (more) protein, vitaminen and minerals for energy, bones and muscle mass. Beans, soy or nuts could give that but then I miss variaty, but I get enough vitamine-D here at our sunny island. If I go fully on a plant-based diet I need more help on the nutricians to stay healthy. On the other hand I am a lazy cook so I admit that I prefer easy prepared meals and just love cheese and good grass-fed steak. In my opinion I would rather say we should take more attention to the consequeces of over-population and invest our money in education. Then people would be more are aware what it means to the environment, polution, animals, fresh water, diseases, resources etc. It's a good thing to educate others on animal consumption - but if there is no halt on population growth the subject has not much impact. Especially in developing countries. Most are not aware of the effects of population or even can't afford or get plant-based food.

Dude… Soybeans, Seeds, Nuts, etc. are the products with the highest protein content on this planet - your meat/cheese wouldn't contain it, if the animal wouldn't have eaten it before! Moreover about 85% of the worldwide planted soy is used as animal food, furthermore it is mostly planted in countries where people are starving to death every day…

And concerning the affordability – the vegan gourmet cordonbleu… ridiculous expensive!

But some rice with vegetables? Pretty cheap! Oh well, and with thousands of different vegetables, fruits, nuts, etc. there is a lot of variety…

I know but I think there is also a middle way. People can still love animals and care about protecting the environment and honor their own animal bodies and consume the foods that they need. Also I do believe that there are people (who are animals) need to eat other animals - and others do not to feel healthy. I have a friend who is vegan for many many years feeling good, other friends who tried it for many years and just missed something to feel healthy. In my believes I just need it.

And what makes you think that? Would you say that it's evolutionary determined? I'd rather say that these people, who have any deficits, are not well enough informed about what they're eating and what they should eat – biologically we're all (more or less) the same, originally herbivores, that but learned (over the last 5 million years) to digest all other kinds of shit as well… what makes us to some kind of omnivores. I'd suggest thinking about a better nourishment education (probably in schools)!

…

However, overpopulation is a real problem, but don't you agree, that it would be more economical to directly eat the soy, than to feed up to 10kg of it per day to a cow, to get about 200kg meat from it after 2 years? (Btw. the cow also needs about 100 litres water per day during that time)

Yes but how would you get people from eating unhealthy cheap fast food meals who can not afford healthy food? When the population increases so much as it does the last few decades we soon have no control on the food chain and all needed supplies anymore. The food multinationals will always overpower the vegan culture. The majority will keep eating meat so the production on meat will grow with the population. The governments and maybe religious leaders - which I doubt they do soon, could have a hand in over-population by good education in the (side)effects. I hope more and more people will think about grass-fed food or going vegetarian or vegan but now I don't think it will help as much as over-population damages. It's a long term thing. On the other hand I have no clue how to solve any of these problems. They would be to rigorous.

Part IV

But that is just where Veganism should be attached - it is fact that we can feed more people by plants, than by meat. Moreover, a growing meat production would inevitably come along with an increase of greenhouse gas emissions and that would probably be more of a problem than the overpopulation itself…
I wouldn't stand in the way of something like a Compulsory-Veganisation by government/religious leaders/etc.

I can go with that. Education is always good and then people can always decide. Everything better then plastic food.

Your meaning on that political correctness debate!? As I don't know that much about you, I don't know where you stand there, but as I can see, you consider bands like All Out War, Merauder, Integrity and Hatebreed to your (unmistakeable) influences - and that's where the problem begins, to my mind… I have the feeling that, more than in other countries, in Germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean? Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc., than on actively fighting racism and supporting the scene?

I think hardcore does not need a scene police - but it really could have more bands with soul and a message. I would love to see more bands with a certain message that could let me and others think and act. I just laugh about those people who tell me what to do. My ears will automaticly stop from hearing. Actually I always walk my own way as individual and entrepreneur. I don't follow too much and find my own truth. Better inspire me and let me choose my own path. Talking about Germany. A band like Heaven Shall Burn (who is still my favourite hardcore band playing metal) is a band with a message. They inspire rather then act like a scene police.

Anything left to say?

Thanks for the interview. Hopefully we make it to Germany next years. Don't forget to pick up our upcoming split-CD with Deconsecrate from Belgium and Hands Upon Salvation from Indonesia. The CD will be released by BirthDie and Diorama records. You will like it! It's great to cooperate with great people all over the world. Keep an eye on www.facebook.com/lieshardcore for the release dates and distribution.

Demo Tape (Street Survival Records)
Sold Out!

Demo CD (Self-Released)
Sold Out! (I guess)

Nineties 12" (To The Lions Records)
Still available through the band!

Check Them Out!!!

But you eat fish, don't you?
FOODS THAT PACK A
PROTEIN PUNCH
It's unnatural!
Grams of protein needed per day
13
19
34
46
52
46
56
Children ages 1-3
Children ages 4-8
Children ages 9-13
Girls ages 14-18
Boys ages 14-18
Women ages 19+
Men ages 19+
"Americans tend to take in twice the amount of protein they need already."
Physicians Committee for Responsible Medicine
Men over 18 need 56 grams of protein, and women over 18 need 46 grams.
And what about chicken?
It's really lean!
SOURCES OF PROTEIN
grams of protein per serving
1-6
7-11
12-15
16-21
Veggie Burger
Lima Beans cooked 15 g / 1 cup
Soybeans cooked 29 g / 1 cup
Soy yogurt plain 6 g / 8 oz
Bagel
Peas cooked 8 g / 1 cup
Seitan
Broccoli cooked 4 g / 1 cup
Black Beans cooked 15 g / 1 cup
Black-eyed Peas cooked 13 g / 1 cup
Almonds
Cashews
Almond Butter
Whole Wheat Bread
Lentils cooked 18 g / 1 cup
Soy milk commercial, plain 7 g / 1 cup
Spinach cooked 5 g / 1 cup
Tempeh 31 g / 1 cup
Kidney Beans cooked 15 g / 1 cup
Sunflower seeds
Tofu
Spaghetti cooked 8 g / 1 cup
Tofu regular
Pinto Beans cooked 15 g / 1 cup
Peanut Butter
If the cow was struck by lightning, if god smote it, would you eat it?
Hippie!
Cows have to be milked!
USDA
They're destroying the rain forests to make tofu.
THE MATCH-UPS
Plant-based protein often blow away the competition when compared to animal sources of protein.
Eggs
1 Large Egg
VS
Black Beans
½ Cup Black Beans
Hot Dogs
1 Oscar Mayer Beef frank
VS
Veggie Dogs
1 Lightlife Smart Dog
Chicken Nuggets
McDonald's Chicken McNuggets
VS
Veggie Nuggets
Boca Original Chick'n Nuggets
Plants feel pain too!
But where do you get your protein from?

Agriculture as Climate Killer
Greenhouse effect from different kinds of eating habits, per capita and per annum, presented in car kilometers*
Veganism
281 km
629 km
Organic Farming
Conventional Farming
Vegetarianism
1978 km
2427 km
Diet includes Meat
4377 km
4758 km
* equivalent to the CO2 emissions of a BMW 118d with 119 g CO2/km
Source: Foodwatch
WHY
PLANT PROTEIN IS BEST
Plant-based protein is usually cheaper and healthier than animal protein. And it's delicious, too!
Price per Gram of Protein
Kidney Beans: 3.6¢ per gram
Chicken Breast: 5.0¢ per gram
Canned Tuna: 5.6¢ per gram
% Calories From Protein vs. Fat
41% 59%
57% 43%
54% 21%
Hamburger
Chicken Breast With Skin
Tofu
Protein
Fat
THE TROUBLE
WITH TOO MUCH PROTEIN
Problems caused by too much protein
Osteoporosis
Cancer
Kidney Disease
Kidney Stones
Eating animal products often means that you are eating too much protein.
100%
+250%
"Researchers in England found that when people added about 5 ounces of fish (about 34 grams of protein) to a normal diet, the risk of forming urinary tract stones increased by as much as 250 percent."
Physicians Committee for Responsible Medicine
Ugh. Why do Vegans have to be so preachy?
It's my PERSONAL CHOICE to eat animals.
It doesn't affect anyone else in any way!
And what about meat eating plants?
CONCLUSION
To get your daily dose of protein, eat a healthy vegan diet that contains plenty of grain, veggies, legumes, nuts, seeds, and fruit. You'll be getting enough—but not too much—protein daily. For delicious vegan recipes that are packed with protein, visit PETA.org/Recipes.
PETA
The Hardest Part of Being Vegan
Eating out at Restaurants
Eating at a Friend's House
Getting Enough Vitamins
Finding Vegan Products
Dealing with Idiots

Political Correctness

What are your thoughts on political correctness?
I have the feeling that, more than in other countries, in Germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean?
Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc., than on actively fighting racism and supporting the scene?

I asked this in every Interview – you were probably annoyed by it, but I thought it was a good Idea, as I choose this, along with Hardline and Vegan Straight Edge, as essential topics of this issue.
I don't wanted to simply preach it to you or just tell you my own point of view, so I tried to get some different meanings as well.
But first, not only to prevent making any more enemies, let me explain the importance (yeah, there actually is) of political correctness.

Sentences like "Damn a pink shirt? That's pretty gay!" or "You wanna beat me (in that video game)?! I kill you, you fucking faggot!" or "You don't understand me? Are you a retard? Mongo..." are (unfortunately) long since part of our regular use of language.
But how and why did it happen? Just because we "don't care"?
Even I used phrases like that when I was younger and I don't want to judge every 10 year old out there, who just like me didn't had a clue – who just did like the others. I mean, I wasn't homophobic at all while saying things that definitely are. We have to understand what exactly we are saying and what it means. What it implicates and what it does to the people we are saying it to/those, which we aim, probably unwanted, with our words.

I mean... recently someone asked me if I could take a photo with his camera – I agreed, but somehow the cam doesn't seem to work. He told me: "Yeah, sorry, sometimes you have to switch it off and then back on again - the cam is pretty gay"

Or another one from University - P1: "Haha, you use the term nerdish? Dude..."
P2: "Yeah, sure, what would you say to describe nerdieness?"
P1: "I'd just say Gay! Haha!" P2: "Yeah, that's better! Haha!"
Me: "C'mon guys – be quiet... that's fuckin homophobe!"
P1 & P2: "Woah, are you Gay? Sorry, we didn't knew!"
I spare you the rest of the conversation, but... seriously!?

I'm not talking about stuff like Zingara Sauce or that you'd have to say human instead of human, to not discriminate a certain gender – that doesn't make much sense!
But like people (mostly Germans), that see always and everywhere the big bad Nazi-Enemy – words like holocaust (earth crisis), rape in terms of animal comparisons (dairy) or "total-" in terms of liberation are solely used by fascist – there is a huge PC-Scene (at least in Germany), that just can't get enough... I know that feeling, when you think "When I do something, I do it right and completely", but sometimes you just can't see when you've already gone too far and are only exaggerating – trust me, I see it from the outside!

Part I

Introduce yourself! What's your job in the band and who else is in it?

M: I'm Martin, and I'm the singer.

R: Hi, my name's Ricky, 'm drumming.
We've also got Tom on lead guitar and since a couple of months Domi on bass.

You guys are involved in the HC-Scene for some time now - you could probably say kind of the elderly people already? What I mean is, you have played in some bands through the time –want to name some?

R: I want to avoid namedropping since there's too many bands to mention, so just to bring the basics, I was in Damage ID with Martin around 1997, and Tom and Martin were both in Animal Instinct who disbanded this year (2013).
We all knew each other beforehand and Martin and I were talking about doing an edge band for years so eventually we met up and started Lions.
I've been involved in the scene for quite some time. I got into HC around '87, '88 through a metal fanzine I used to do with a friend. The whole DIY spirit and also the political standpoint impressed and appealed to me.

**Your new Band Lions goes more into the direction of old Crossover Hardcore Records, like Killing Time, Cro-Mags, Judge or Breakdown.
Where these some influences for you?**

M: I'm cool with whatever people hear in our music. I love the bands you mentioned, but I would not consider them a big influence for LIONS.

R: The main influence to form the band has always been to have a straight edge band going. The first mail conversation I had with Martin after we talked about doing it had the title "XXX MOSH", so yeah, here we go, finally.

**I personally, really dig lyrics like:
"You find no peace in empty bottles, no cure in addiction!"
Although that some people might call it arrogant or macho – what do you think about that and what where your intentions?**

M: I don't think any of my lyrics are arrogant or macho whatsoever … I'm basically just voicing my opinion. I also don't think my lyrics leave much room for interpretations, or misinterpretations in this case. I'm just telling how I see it, and what my experiences are, period. I'm definitely not trying to be super clever or trying to tell people what to do. If someone is still getting a wrong impression … oh well, I don't think I could be much clearer and I guess some will always see what they want to see.

R: If it's ok to go onstage and tell people how cool it is to get fucked up on drugs I don't see why we shouldn't tell them different.

Part II

Looking at your lyrics and the shirt, that I proudly wear, The Straight Edge seems to be an important thing for you as a band… so, what about the individuals behind it? What about you? For how long are you Straight Edge now and why did you choose this way? Any cool story behind it? Any influences?

R: No cool story at all I'm afraid, but I guess that depends on your point of view. I was in the US with my second band Armicide and we hung out with the guys from Disrupt, ended up drinking far too much and smoking pot in amounts I was not used to at all. I didn't even smoke. Result, I had the worst night of my live and when finally dawn broke I swore to myself to never touch that shit again. That was in 1991 I think.
I know it sounds ridiculous, but all members of LIONS have been chosen a) for their musical abilities and b) for walking straight many, many years. We want this band to represent something we strongly believe in, and you don't do that by tagging straight edge wherever you go, print a bunch of dull shirts and go all boyscout when meeting your friends. It's not a surprise everyone has a laugh when they hear about straight edge. The whole movement has always been flawed, it's time to change that. Here's a band that has made a choice and will go down in the history books as such. Straight Edge is a choice, not a phase, we will not sell out, we will remain.

**Strong words there! I hope so! It always depresses me when I hear stuff like… Damien Moyal for example, shouting out "I'm still going strong – It will never change!" with Culture and not a year later singing "You know that message in a bottle? I had to drink to get it out!" with As Friends Rust. Or, just some month ago I saw Mike Judge singing Fed Up and Bringin' It Down live on stage…
What are your feelings about such things?**

R: I used to think "OH NOOO! Why!?" when I heard someone has broken edge but you get used to it. We're human, priorities in our lifes change, choices are made and unmade all the time. I don't blame people for changing their ways.
Maybe some of their reasons were weak, but they'll have to live with that.

What about Veganism? Are you guys Vegan?

R: Some are, some aren't.

And what about the militance? I guess at least concerning The Straight Edge, you should be cool with that – but what about stuff like Hardline? Great impact on the Scene (Vegan Straight Edge, Metal/core), or homophobe, violence-glorifying terrorists?

M: Militancy and the whole Hardline thing (… and I don't even want to call it a movement, 'cause I don't really think there is such a thing) is just hilarious and leads you nowhere! What are you going to do, kill you mother for drinking milk ….?
Come on, that shit doesn't work and makes absolutely no sense at all.
I guess being militant about something is something for mislead teenagers and fanatics. We're neither of them.

Part III

I'd say it depends on your definition of militancy – dictionary says: "to be combative or disposed to fight (for a cause or belief)" ...but, to fight, to stand in for what you belief – would you call this nonsense? I don't want to justify any violent acts, but I think you're underestimating the whole thing here... I guess you know the lyrics of bands like Statement and Vegan Reich? If not, give me Patrick, I saw him selling the Hardline Discography on Discogs! ...they are not about killing random people for drinking milk!

R: Standing up for your beliefs and not taking any shit has got nothing to do with being militant. If you're straight edge, you will have to tell a lot of people why you don't drink or do drugs, because in their minds it's cool and an achievement to get fucked up. If you're vegan you will be explaining to a lot of people why you have chosen to do so - that is standing up for your beliefs and in no way militant. If you'd actually go out and start wasting people for smoking joints,
then you're militant, and a fucking jerk.
Singing "you will fucking hang" or "the time of talking is over" (Vegan Reich) isn't militant either – in my humble opinion. Let's call it dreaming of a better and fair world in a specific way, not as in "why can't we all just get along?". And it sure as hell helps making a point and getting heard. If you have a look around and see how many people have taken animal products off of their diets, you can't say that they have failed. Sure such violent phrasing will put people off, but well, fuck them. The truth hurts. I find it more challenging to listen to lyrics I don't agree with, I start asking myself questions, rethink my position and possibly reconsider it.
If you go out and punch people for smoking, that makes you militant in my book.
And a fucking jerk.

Don't you think it's pretty much the same with bands like Floorpunch, Judge, Project X, etc.?

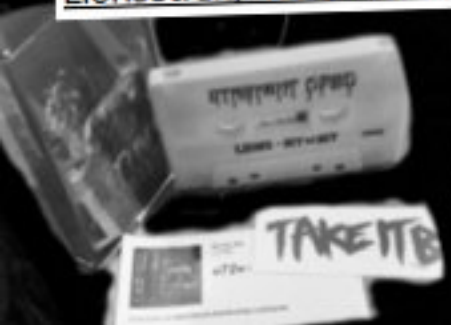
R: Yep. Countless bands used "militant" lyrics to get rid of the frustration today's society creates in you as soon as you start asking why things are the way they are.
It's not just limited to straight edge.

What are your thoughts on political correctness?
I have the feeling that, more than in other countries, in Germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean? Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc.,
than on actively fighting racism and supporting the scene?

R: Awww, political correctness, my best friend. I can't really say I know what's up these days in PC World, I usually turn my brain off when I hear it coming. As many other things, this can only exist in an economy where people don't have enough serious problems to deal with, so we make them. It's like the morons discussing which phone is better. It's about making themselves feel better, not about changing anything.

Anything left to say?

R: Well thanks for this interview and the possibility to speak our minds. Dominique (ex-Turning Cold) has just joined us on bass and we're hoping to complete the band soon. Check our facebook facebook.com/Lionshardcore and bandcamp Lionsstraightedge.bandcamp.com and get in touch!



First Press (Take It Back)
Sold Out!

Second Press (Take It Back)
Still Available!

Hardcore Horoscope!

Aries (21. March - 20. April)
Go to the Church of Satan (if you aren't a member already) or praise any other obscure cult. What else had you expected? You're the sign of Shub-Niggurath!
However, get a copy of the Veganomicon and summon the one or another daintie!

Taurus (21. April - 20. May)
Chances are high that you become an ignorant asshole this year, I'm not sure if it's either for the bad influence of mars, or the dull beatdown shit you listen to all day. However, you'll surely get a Faggot-ass beating crew, so it might become a good year for you! (Don't worry if you're a Punk or a Skin, you can change to an original beatdown Gangster by tomorrow).

Gemini (21. May - 21. June)
K-Pax, Pandora and all the other hippie planets are in your zodiac for this year – Go Vegan! Try to convert your non-vegan friends and start a Vegan Revolution. You can do it!

Cancer (22. June - 22. July)
This is your year; the planets align to an X in your zodiac, what only happens once a century. If you're not now, you never were! You're blessed with incredible edge power for the next months, so use it wisely – may the force of a drug free youth be with you!

Leo (23. July - 23. August)
You're strong and straight edge as fuck, but you could never be vegan (if you are, you'll realize this year)! I mean, you're a lion, you need meat for your nutrition… for real, where else would you get your protein from?

Virgo (24. August - 23. September)
Crawl back into your bed and don't come out for the rest of the year. Nibiru, Yuggoth and the Death Star align in your zodiac – immediate edge break (if you already have broken, you probably try to claim edge again, although that it isn't even possible, and break on the next day). Try to avoid any Non-Virgo-Edgers, you could be contagious!

Libra (24. September - 23. October)
Melmak is in your zodiac and the planet-eater (Galactus is watching) appears – bad combination. If you're Vegan or Vegetarian, you probably won't be for long… Those Cats are just too delicious!

Scorpio (24. October - 22. November)
Just thinking about buying a new car or directly a jet? That's cause of Cybertron in your Zodiac! Feel yourself like Doctor Dolittle of the Machines and talk to them – really, everythings ok, you're not going crazy, "they" just want you to belief it.

Sagittarius (23. November - 21. December)
Eat veggies until you turn green – Namek is near! If you ever wanted to start a healthier diet, now is the time! You'll become so strong that you can do push-ups at 500G in no time (just like Vegeta)! Don't wear your Scouter when looking in a mirror!

Capricorn (22. December - 20. January)
Needless to say, this is the best Zodiac! You're Endboss, just like any other year. Start a Band; you play the Guitar like you'd have the Pick Of Destiny! Also, your mosh moves become incredible this year, as you're driven by the force of Satan!

Aquarius (21. January - 19. February)
Arrakis shows up in your Zodiac and you feel the near of the Spice. Your friends are already telling you that your Edge is in question… Fight against this and keep up the faith!

Pisces (20. February - 20. March)
You think World Peace can be done? Not if Krishna finally takes on its eight armed form and provokes the end of Kali Yuga! You are the chosen one to prevent the world from its demise – don't let the Reptilian Shape Shifters hinder you!

Short Reviews on stuff that made my year (2013) – until now!

As We Were – Survival Songs
Start A Fire Records (7")

Really "good", musically just as lyrically, Metallic, Screamo influenced (Modern) Hardcore Band from Vermont. They really have something (intelligent) to say, what makes it a pleasure to read their lyrics and especially to see them live. Reminded me of Greg Bennick (Trial/Between Earth & Sky) when I saw them…

Below – Self Titled (Demo)
Atonement Records (Tape)

One of the "harder" releases on Atonement, not that dull beatdown stuff like Cement, but I definitely wouldn't want to be in the pit during their set! I'd label it Black Metal influenced Metallic Hardcore, probably Metalcore… Members of Broken Teeth & Survival, but don't take this as comparison, (fortunately) they sound nothing like that!

Foreseen – Structural Oppression
Collision Records & Take It Back Records (7")

Bringing Thrash Metal back on top in 2013!
With their new 7" – which should be a teaser for their first full length – they definitely took a step away from Hardcore, but while sounding that impressive, who could be mad about it? Their LP is currently the thing I'm looking forward to most, especially since I heard some of the new songs live, while doing a show for/with these awesome guys!
For fans of Carnivore, Bolt Thrower or Nuclear Assault!

Get It Done & Overlord – Split EP
Reality Records (7")

Two kinda different bands on that Split – on the one side we have Get It Done, Posi Straight Edge Hardcore from Germany (Ruhr-Area) that sounds like Dag Nasty for example and on the other side we have Overlord, Metallic Hardcore from Belgium, probably comparable to that "modern" H8000 or NYHC Stuff like All Out War.
However, both sides are individually great – worth to check it out!

Incitement – Self Titled (Demo)
Atonement Records & Ratel Records (Tape)

H8000 Metal Massacre from Poland!
Sounds totally like a polish – this guy has one of the hardest accents I've ever heard – version of Arkangel! Lyrically more comparable to bands like Integrity or Rot In Hell…
Another band I'd be really keen for a new release!

Lions – Bit By Bit (Demo)
Take It Back Records (Tape)

Metallic Oldschool Hardcore in the vein of Bands like Judge, Cro-Mags or Killing Time. Straight Edge as fuck with members of Bands like Damage ID, Animal Instinct, … "…all members of LIONS have been chosen a) for their musical abilities and b) for walking straight many, many years…"

Power Trip – Manifest Decimation
Southern Lord Recordings (12" & CD

Power Trip getting more Thrashy with every release – what you get here, is definitely more Metal than Hardcore, still an impressive Crossover Band, but with that much hall on the vocals and at least one solo per song, you could easily confuse them with a Thrash Metal Band from the 80's!

Renounced – Conditioned From Birth (Demo)
Atonement Records & Life Lair Regret Records (Tape & CD)

Well played Melodic 90's/early 00's Metalcore that sounds like 7 Angel, 7 Plagues with some Poison The Well riffs. Musically and lyrically directly caught my attention.
"I just want to disappear completely. Like God during the Holocaust!"

X Repentance X - In Violation of Aša (Demo)
Atonement Records, Life Lair Regret Records & Carry The Weight Records (Tape & 7"

Put it on your turntable and feel yourself back in the 90's!
Makes you want to dye your hair blonde, throw on a backpack and start moshing in your room! With riffs that could easily be from Morning Again or Unbroken, while having lyrics that could be from Vegan Reich or Day Of Suffering – to name just a few bands that directly come to mind – I can't see any reason for not buying (and collecting) this!
And seeing them live is really worth it as well – trust me!
For me definitely the best Record of the year!
Musically just as lyrically perfect!

Strange Places – Self Titled (Demo)
Carry The Weight Records (7")

Long haired (stoner) Metal/Hardcore from the UK with a gloomy Balrog face on the cover.
Well played riffs and solos, along with lyrics like Lord Of The Rings meets Adventure Time (they also did an Adventure Time Rip-Off Shirt)…

Withers – Lightmares
Adagio 830 Records & Life And Death Records & Per Koro Records (12")

Interesting mixture of genres…
I guess I'd sort it somewhere between Progressive Metal and Chaotic Screamo.
Reminding me of bands like Converge and Poison The Well at the same time, while creating something totally new and individual! Also a powerful and impressive live band!

I know, there were a lot more Records that would've deserved it to be reviewed, but I'm too lazy, so I'll just name some of them:

Alpha & Omega – No Rest, No Peace LP, Bitter Verses & Make My Day – Split EP, Bleak Reality - Demo 2013, Breaking Point & Final Rage – Split EP, Cobra Death - Self Titled EP, Guidance - Age Of Vice Demo, Death Is Not Glamorous & The Shook Ones – Split EP, Desperate Times – New Course Of Action EP, Dying & Less Life - Split LP, Forsaken – Amongst Gods, Below Man EP, Gone To Waste – The Ones Who Light The Fires EP, Last Dayz – Fatality EP, Manipulate – Demo MMXIII, Mnmnts - The Choir Belongs To You EP, Natural Order - Home Invasion Tape, On Bodies - The Long Con EP, Orbit The Earth - Aphelion LP, Palm Reader - Bad Weather LP, Pulled Under – Demo, Ranger – Knights Of Darkness LP, Reality Returns - Self Titled EP, Take Offense – United States Of Mind LP, The Mongoloids - Mongo Life LP, Turnstile - Step 2 Rhythm EP, Vengeance Today - Dude, You Just Ruined The Show. LP, Waterlvngs – Demo, Wolf Down - Stray From The Path LP,

Part I

GET IT DONE!

Double Interview with Björn Esser and Firat Yildirim, both from Get It Done! (melodic straight edge hardcore from the Ruhr area)… Björn, who also sang for Black Friday '29 and did Bloody Sunday Records, is a bit better known I guess – nonetheless these are two crucial dudes with many similarities, but also different views on certain aspects, what is why I've decided to do the interview with both! I feared that, when I'd do it just with Björn, who is clearly best for the Straight Edge and Veganism aspects, it would become really boring concerning the Hardline/Political Correctness/etc. aspects… and so I decided for the militant Turk as well! ;-) Anything you'd like to add or amend until here?

We also got Felix, who is Straight Edge for quite a while but can also be a truck driver, a northgerman skipper, Udo Lindenberg or a crazy indian dude within 2 minutes. He's the real interesting guy!

Everything has been said. ;)

Anything you can tell us about Get It Done? Looking forward to a full length! I was impressed about John Joseph doing Guest Vocals on your new Split 7" – you seem to have some good connections!

At this very moment the band is laid to rest. We have to search for new members on drums and bass. Firat has a new job, I need to refurbish my apartment still and will train much in spring, so the future is quite indefinite as of now.
I still got some connections from former times with my old band,
but right now we don't seem to need that as we have to set new goals first.

Then let's start with the corniest of all questions…
Why and for how long have you been Edge? Any interesting Story behind it?

I am straight edge for ca. 16 years now. The story is not interesting, I guess. When I was 16/17 I started going to hc shows in the Ruhrpott. After I while I hung out with more and more edge dudes. Marijuana and alcohol didn't do it for me anymore, so I decided, I could just leave that shit. I was vegan beforehand (like half a year prior to being edge) and vegetarian even way before I really connected with the punk/hc scene.

I was around 19/20 years old when I really stopped to drink alcohol and smoke cigarettes. But at that time I have not claimed myself as "straight edge", even if I was familiar with other so called "scene members". Don't ask me why, but I still don't like to use the term "straight edge" when I talk about my way of life. I am not into this sXe pride thing. For me it is just a personal decision with individual reasons and most importantly - UNFORCED. Nothing more, nothing less. (Sorry if I reply to your expectations)

Part II

What about Veganism? Same Question(s)!

Yeah well, I never really ate much meat. Around 14 I turned towards a strict vegetarian diet. After a few years my cousin and me thought about making the real change to veganism and so we did. We only had a few friends that were vegan at that time. Through my deeper connection with the hardcore scene it was much easier to meet like-minded persons. I met animal rights activists at that time and went to demonstrations and hunt sabotages.

I tell you man, I grew up in a turkish family and I was 6 years old when I was forced to see (during the islamic feast of sacrifice) how my uncle has cut through the throat of an sheep and bleed it to death.... It is obvious that I was not a big "meat eater" from that day on.... But I must admit that Björn convinced me to live vegan few years ago.
It was the next logical step and he was right.

Oh, that's really cool Björn! I don't feel like there really is, or at least not a strong/large scene for that kind of stuff. Demonstrations and tons of Internet Petitions, yeah, but real action? Probably its, cause I rarely leave my desk chair, but I don't see any!

Same here, I don't do much apart from spreading the vegan idea through trying to inspire at sports events and veggie fares. And of course through my blog, so check it if interested: vgntri.blogspot.de

I guess at least for you Björn, it has much to with physical health and fitness as well, yeah? I'm hinting at your obvious sport-neurosis here...
I mean, I've heard things like: (almost) every GID! is planned in the way, that there's a run/ride/etc. on the next day – true?
...But whatever you say, I'll belief it anyway – I've seen you too many times, arriving at the venue, last minute with your cycle – just jumping off and going on stage in your cycling shorts and strange slippers! ;-)

Haha... I guess that is a bit over exaggerated, but it had happened quite a few times that I cycled to a show we played (Münster, Düsseldorf and perhaps a few more).
I remember we played a show in Gotha and I really wanted to visit the Wartburg in Eisenach before the show. So I went from Gotha to Eisenach by bike and up the castles hill and back to the show, went running in the castles gardens and slept for 1.5h until we played around 12 at midnight. I love it when I can mix sports and cultural interests or sports and shows.
My friends in the Team Iron Mind organize a running race in April/May called "Bleilochlauf" and I ran there the last couple of years. Twice we had also booked a show in the evening after the show just 10 minutes from the finish line. But sometimes it can be really hard on stage when having done some extreme workouts before. It would probably be better to separate this. On the other hand I am going to do an Ironman-distance triathlon next year again, so if we play a show it might happen again that you see me biking or running just beforehand. Physical fitness and Veganism have become a huge part of my life lately and both merge really good. It just came like a natural conclusion.

Would you consider this more a personal decision, or would you want this lifestyle for everyone? Malicious tongues are telling, that you're kinda ignorant in terms of couch potatoes! Fitness Revolution?

Well I cannot really see why someone wants to waste his physical potential. I mean I mostly go running or cycling (indoors) when others waste their lives in front of the TV. I mean I can enjoy a movie with my girlfriend once a week and then it is something special, but I rather ride my indoor bike 2-3 times a week and have a good read while cycling. I also love being outdoors, so once my little injury will heal I am gonna go running outdoors no matter how cold it will get. I do believe that working out for at least 30min a day will benefit everyone, not only physically. It can open your mind, too (running/cycling). And sometimes it can make you think of nothing else but the sports you are doing (ec. when playing badminton or climbing), so it is the best way to relax for me. All these excuses of "I have had a hard day at work, so I will sit in front of the TV" just don't do it for me. Most people sit while working anyway, so what is the point in more sitting around doing nothing but filling your brain with useless information. By the way, I am sitting on my spinning bike right now. :-)

Part III

Would you say that these (XVX) necessarily go together (at least for you)? Or that one is more important than the other? Why?

For me straight edge and veganism are both really important still.
But veganism is much more important in general as it does not only good to my body but also to the environment, the animal and human beings. If you drink moderately you can drink without harming too many other beings, but if you eat meat you definitely harm so many beautiful creatures that it cannot be justified for me.

I have nothing to add. Björn has said everything dead-on.

And what about the militancy? What about Hardline?
I guess this one is more for Firat, as we don't really want any PMA Hippie-bullshit right here ...haha, just joking – feel free to say whatever you want!

Actually I would like to make meat eating a crime if I was in power. haha! I don't care that much what is considered hardline or what not. Hardline has once been a very militant point of view displayed by a few bands in the early/mid nineties, but most of them are not convinced of that strict idea anymore, so fuck it! The music wasn't too good either.

Wow dude, that's very difficult to answer with just a few words... on the one hand "militancy" locks up the access to our "rational being" (defined by general consensus). But on the other hand, it is sometimes the only way to "break" the general agreement. Sounds curious – but what we really need is a "moderate militancy". On the surface non aggressive but ready to act resolutely! And finally... forget about all this "hardline" bullshit. The word "hardline" is just another way to paraphrase the sentence: "become more idiotic than the rest of the fucked up idiots". I was forced to spend the half of my life with fanatic, nationalistic, and ultra religious freaks. It is hard enough to share your existence on the same planet with them.

Yeah, it's always depressing when you hear from a band that once stood for their high ideals, that goes the opposite way nowadays. But I learned to stand back from the Idea of not listening to Sell-Out Bands – it's cool as long as they believed what they said during the time they were around! Your feelings about that?

Hm...what should I say? My bands had always been straight edge bands in the beginning and when those bands broke up only half of the members were still edge. That is a sad thing, but a band can always be about so much more. What I really don't like is when band members start eating meat after having had a vegetarian message. Happened to my bands as well. What I have learned from this is you can always only stick to yourself. No matter how long you share your ideals with others, don't let it bring you down, when they just don't care about these any more. I myself will always reflect and stick to my decisions as long as I believe in them. I will never let myself be distracted by friends that change their minds, etc. I just went to a birthday party last weekend. 10 years ago many of the dudes there were veggie straight edge, nowadays I was the only one still vegan and only two of us were still edge. So I won't blame anyone for changing, I just don't see a point for myself. The choices I made when I was 16/17 are still relevant these days, no matter how few people still believe in this now.

Part IV

What are your thoughts on political correctness?
I have the feeling that, more than in other countries, in Germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean? Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc., than on actively fighting racism and supporting the scene?

There had always been ups and downs with the amount of pc people in the scene. I really do think it is positive to have some, because things need to be discussed. If nobody cares for anything anymore HC would just be another youth culture. It all depends on how much you get into all these issues and if you still let other people's opinions inspire you. Political awareness (including a strong stance against racism) is crucial, political correctness can get bothersome.

Political correctness - Never-ending discussions! Say whatever you want, do whatever you want. As long as you (try to) don't offend with it... BUT JUST HOLD YOUR GROUND! And fighting against racism...? One of the largest challenges of mankind and for me a lifelong commitment! Don't call yourself PUNK, STRAIGHT EDGE and HUMAN at all if you have never spent thoughts about fighting racism!

Shout Outs – any last words? Anything you'd like to have discussed?

Thank you for the effort of doing the interview. I love reading zines still! Shout outs to the ones who had supported us, thanks a lot to you! Live life with reflection, go workout and stay as posi as it can get!

Thank you again that you have involved us to this cool interview with all these essential questions! Props for ya' for this brotha ;)

Watch/Read this!

Behind The Mask (Film)

Documentation about the ALF (Animal Liberation Front). The other side of the Truth – don't believe the (mainstream) media! These people risk everything to help those who can't help themselves... Let them inspire you!

Confessions Of An Eco-Terrorist (Film)

Life through the eyes of Peter Jay Brown (Sea Shepherd, Whale Wars, etc.). I don't care what you think about Paul Watson or Sea Shepherd in general, these people deserve Respect! They're out there trying to change the world!

Earthlings (Film)

Documentation about the suffering of animals for food, fashion, pets, entertainment and medical research. Really disturbing... I wouldn't recommend to watch this if you're already Vegan – you'd just get fucking angry/sad... But I would definitely recommend to watch this if you're not – I would even force you if it was possible – because you simply can't eat any animal products after watching this!

Forks Over Knives (Film)

Outstanding good documentation about our dietary habits. Resting Upon "The China Study" it is explained how we are poisoning our own bodies and minds. Wake up and Go Vegan - For everyone (the animals, our world and yourself)!

Meat Is For Pussies (Book)

John Joseph (Cro-Mags) about a way to become happier and healthier than ever before. I read this when I became Vegetarian some years ago and it really helped me to see things in a different light. Really interesting and treats a lot of topics we all have to deal with every day!

Skinny Bitch (Book)

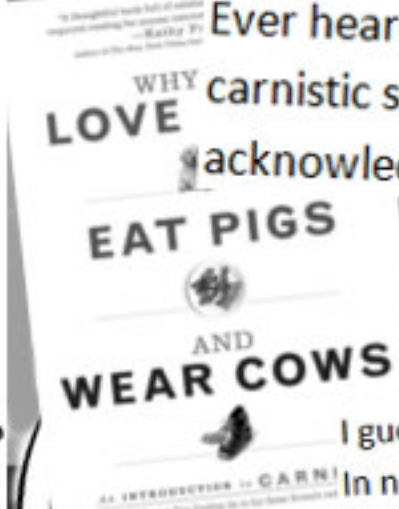
You know these stupid picture-adds – a fat and ugly person on the left and then a slim and handsome person on the right and on top of it a caption like: "I lost 100lb in just one week, you want to know my secret?" It's probably this book! Go Vegan!

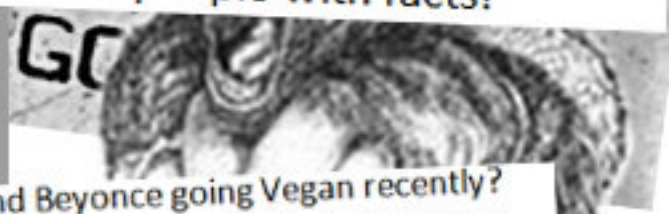
Vegan For Youth (Book)

The latest book by Attila Hildmann. Halfway cookbook and halfway information and experiences from his journeys. Vegan superfoods you've probably never heard of and the way to a long and healthy life. If you don't like Attila Hildmann, then fuck you! Any Reason to go vegan is a good one!

Why We Love Dogs, Eat Pigs And Wear Cows (Book)

Ever heard about Carnism? You should! Because we are living in a carnistic society and the only way to destroy it, is to recognize and acknowledge it! Read this and convince people with facts!





I guess you've heard about Jay-Z and Beyonce going Vegan recently? In no time people were spamming shit on my tumblr dashboard like: "You defend [them] going vegan? Unfollow me you fucking apologist!" "You are close to selling out as well!" "They don't even care for animals, not in the least – they're just joining another trend!"

Might be true... but hey, I don't care! Any reason to go Vegan is a good one and if Veganism becomes the newest trend, hell yes – what could be better? Just stop talking shit because you see your cool misfit status in danger! There isn't only a certain group of "good" Vegans, you don't have to be a Vegan Straight Edge Animal Liberater to do something sensible – every Vegan, no matter how shitty their motives are, is a good Person!

What the 90's have brought us…

As Friends Rust – The Fists Of Time (1998)
Good Life Recordings (10" & CD)

My all-time favourite emo recording, although that it's really metallic emo(-core). Contains Members of Culture and Morning Again – that first recording even sounds like Culture at some parts. The Lyrics Damien writes here, but differ a lot from his other (older) projects. Especially the later AFR stuff, with songs like Scapegoat Wets The Whistle, that (more or less) stands against The Straight Edge.
Nonetheless a really good and important band!

Birthright – Out Of Darkness (1998)
Good Life Recordings (7" & CD)

Musically less metal-influenced than many other bands from the genre, Birthright played more straight forward hardcore. They fought against racism, fascism, specialism, nationalism and homophobia. Besides Morning Again, Birthright was one of the best political bands from the 90s. Some members moved on to found xRisenx which was a vegan straight edge band, too. Probably you should check them out if you don't know them right now.
(Sebastian)

Caliban – Selftitled (1998)
Lifeforce Records (CD)

Still one of my favourite bands, although that they've gone worse (more and more into the direction of MTV-style metalcore) with every record, since 2004.
However, this one is still outstanding good 90's metalcore with well written, emotional lyrics.
Their earlier stuff also had a stance for animal and earth liberation, which is really cool!
"Are you blind, or won't you see, you rape natural resources of energy!"

Culture - Deforestation (1996)
Catalyst Records (7")

Another Vegan Straight Edge 90's Metalcore classic.
From dragging metal riffs over fast new school hardcore parts, with an unambiguous message.
That this 7" was released on Catalyst Records could already give you an Idea…
Songs about the devastation of the earth through human kind and the pleasure those feel in taking life – moreover raising it to a "sport" as if this would justify their cruelty.
"Blood spilled for blood…"

Earth Crisis – All Out War (1992)
Conviction Records, Victory Records (7" & CD)

The first and in my opinion, probably with firestorm, the best Earth Crisis recording!
Was supposed to come out on Hardline Records first and that's also what it sounds like.
Perfect combination of Hardcore and Metal in this unique 90's style (cool spoken and sung parts, etc.) Already with strong and militant vegan straight edge lyrics!

Extinction – Hypocrisy Breeds Traitors (1999)
Catalyst Records, Impression Recordings, Value Of Strength Records (12" & CD)

Extinction came from Chicago and played a rough style of typical new school hardcore from that time. They combined influences from bands such as Unbroken, Damnatian A.D. and Earth Crisis. Original released on Catalyst Records, Impression did the European fans a favor and released it overseas. This record isn't a classic but it's a characteristic release for that era.
(Sebastian)

Facedown – Beyond All Horizons (1998)
Genet Records (12" & CD)

Typical Vegan Straight Edge 90's Metalcore from Belgium – I guess from the H8000 Region, although that it doesn't necessarily sound like that. They also have two songs on that album that definitely fall out of line – Slow and melodic clean guitar tunes with harmonic, sung vocals. Not really what you would expect, but if you let yourself get into it, you might like it (at least I do).

Firestone – Element (1998)
Sober Mind Records (12" & CD)

H8000 Metalcore with Thrash/Death Metal influenced riffs and awesome power metal style solos. Contains Members from other great Bands from that area as well, like Liar or Amen Ra. Lyrics are also Animal/Earth Liberation concerned. This is by far their most impressive record, as they unfortunately changed their vocalist and style after that recording…

Heaven Shall Burn – In Battle There Is No Law (1998)
Deeds Of Revolution Records (CD)

One of the best German metalcore bands ever! I could stop with this sentence because everything is told. Well, maybe a few more words for those who are not into this record. This is the first release of HSB and one of their best songs, called Partisan, is on it. It sounds like a mix of Bolt Thrower and Liar, but heavier! The quality is good and really rough. In my mind, this is the best release of HSB after their great "Whatever It May Takes" record.
(Sebastian)

Maroon – The Initiate Demo (1998)
Self-Released (Tape)

This was the first sign of life of one of the well-known bands in the scene today. Maroon delivered us a demo which sounds very familiar to Culture. With militant lyrics about veganism, straight edge and the apocalypse, they get a higher attention in Germany and with later releases in the whole world. In these days they sold out and broke up as a band, but in the past they were one of the better bands in this genre.
(Sebastian)

Morning Again – Martyr (1997)
Good Life Recordings (12" & CD)

What can I say about this band? This is probably one of the reasons why I'm vegan straight edge and they influenced my mind in some important topics like gay and women rights, critical view on religion etc. The martyr LP is the best release by MA in my opinion. The sound quality is perfect, the acoustic guitar that appears in some songs give them a good own note and the singer gives his best to bring the message to the listener. If you like hardcore and metal, you need at least one record of them!
(Sebastian)

Morning Again – The Cleanest War (1996)
Conquer The World Records (12" & CD)

The first Morning Again Recordings – still with Damien Moyal on Vocals. I for one liked these (Hand Of Hope) more, than the later stuff with Kevin Byers on Vocals. Not that they would've become worse, just different! This one is pure 90's Metalcore – fast crossover metal riffs and melodic acoustic parts, having cool spoken parts – with a message about human and animal rights, pro-choice and a gainst addiction of any kind. Also the lyrics are, unlike a lot of other bands, very well written "When information is the pistol to your head, and the lures of luxury outweigh all that's true."

Nyari – Your Nation Is Dead (1999)
Alveran Records, One Percent Records (10" & CD)

German 90's metalcore and the face of Alveran Records for a while, at its best! Vegan, Animal Rights, slightly tuff-guy influenced lyrics with an evil metal sound. They also released a Split LP with the befriended band Jane. I strongly suggest checking them out!

Pain Runs Deep – Selftitled (1998)
Life Defense Communications, Shing Records, Screams Of Salvation (Tape & CD)

Vegan Straight Edge, Krishna influenced Metalcore from Poland with Adam Malik on Vocals, who is, along with the other members, still going strong – what definitely stands for the trueness of the band! They re-united lately and released a new (although quite different) record last year and are recording again at the moment. So there is still more to come and hope for from this band!

Path Of Resistance – Who Dares Wins (1996)
Victory Records (12" & CD)

I'm not really into old school hardcore but this record is awesome! With three singers, they delivered us a record full of power and sing-a-longs which are hard to find nowadays. Four of the seven members played also for Earth Crisis, which is a further clue that they were good.
(Sebastian)

Point Of No Return – What Was Done (1998)
Catalyst Records (7")

PONR is the South American counterpart to Path Of Resistance because of the three singer, but they included a huge metal edge into their sound. The lyrics cared about social and political topics and the sound is rough but on the top for that time. Catalyst Records released a great 7" of one of the best bands from South America!
(Sebastian)

Pole* - 180° (1996)
Lifeforce Records (CD)

Sounds like the German Earth Crisis, with whom they also were on tour (at least their earlier stuff). Metallic 90's style Hardcore with quite individual sung parts (along with acoustic comp sometimes). Attitude is Vegan Straight Edge.

Sad Origin – Window Of Sarcasm (1998)
Inner Belt Records (CD)

DMD (near the H800 region) Tuff-Guy Hardcore – that's what I said in my blogspot post about them. However, this, their first record, is pure 90's metalcore with a lot of spoken parts and (except for the lyrics) wouldn't really remind you of tuff-guy hardcore.
Their later stuff, especially their split with Misura is great as well, but has some serious nyhc/new school influence.

Sentence – Perfection Through Disfunction (1999)
Tom Cat Records (7")

This Italian band deserves more attention. With a really brutal mix of Slayer guitar riffs and harsh breakdowns, they brought us one of the best new school records back in that time! It sounds familiar to bands from the H8000 area, especially like Arkangel, but they also include a huge Earth Crisis vibe.
(Sebastian)

Statement – Genocidal Justice (1996)
Green Fight Records (CD, Compilation)

This release features, besides 6 exclusive tracks, also the previously unreleased Vegan Inquisition EP from 1992 and Traces Of Blood, the track from the Stones To Mark A Fire Compilation from 1995.
Traces Of Blood is the first Song that totally sounds like Slayer and I cant even describe how impressed I was, when I heard it the first time on that awesome Compilation.
The Genocidal Justice Recordings follow the same pattern…
You could probably compare them to the later Unborn stuff!
Lyrically the Songs deal with, who would've thought, Veganism, the Straight Edge, seeking revenge for the innocent (violently motivated) and, of course, with the misanthropic aim to "purify" the earth.
"I wonder whether the human species was supposed to be, or just a genetic accident?

Unborn – Truth Against The World (1997)
Lifeforce Records (CD)

Slayer in Hardline! A little less chaotic and still influenced from bands like Statement and Withdrawn (same members) but I guess this can give you a decent idea of how they sound. Quite controversial for their militant vegan ideas of course and their awesome designs like the Vegan Jihad shirt! However, they weren't, what most of you probably don't know /wouldn't have guessed, a pro-life band. Yeah, hard to imagine by that name…

Undying – This Day All Gods Die (1999)
Fifth Column Conspiracy, One Day Savior Recordings (CD)

Very melodic and well played Metalcore, probably comparable to Unearth, with whom they also released a split 7". I for one am really impressed by them – really unique style!
The band contains members from Day Of Suffering, Prayer For Cleansing and Catharsis, what could also give you an idea about their lyrics.

Vegan Reich – The Wrath Of God (1992)
Hardline Records (Tape)

Their second and to my mind best Release.
They got the perfect balance between Thrash Metal and Crossover here.
I think they said somewhere, that they were kinda influenced by Iron Maiden during that time.
Lyrically they deal with the wickedness and guilt of humankind, religious motivated militance and distinction to those sinners – Hardline!
"The laws of nature we obey…"

Interview with Mirko and Lauri (on the last Question)

FORESEEN

Yo, the European Oppression Tour was just awesome! At least the show I did for/with you and the ones I've heard from… and the new stuff you played was seriously more than I hoped for! The total metal massacre! I guess it was the same to you? Anything you've missed? Anything that bothered you?

Hey Tim. Thanks for putting up one of the two good shows we have played in Germany hah. Overall the European Oppression tour was pretty good. Majority of the shows went well and there were decent amounts of people at every show, so it was cool. Malmö, Copenhagen & Berlin were our favourites. Those three shows had a mixed crowd and that's a thing we like a lot and always try to strive for. Of course there are always things that could be a bit better. I mean I don't like to fill my stomach with Oreos, sweet chilisauce and rice that is as white as Ian Stuart, but I guess that is part of the touring deal? Anyway we got to play good shows with great bands such as Violent Reaction, Integrity, Infernöh and Hounds Of Hate and it was first time seeing France too, which is pretty much the reason why driving 6000km around Europe in two weeks even crossed our minds.

I, for myself, was somehow impressed when I heard that you live straight edge and vegan! I just mean, look at the rest of the band – especially at dimi… he looks like he'd drink a viking horn full of mead every morning and eat the spareribs directly from the pig (he'd caught before) ;-) However, I think that it's really cool and I also do like dimi and the other guys – you're all good friends!
Want to tell us something about your Edge? Why and when was the decision made? Any cool story behind it? Any bands that really influenced you to that time?

Growing up with a father being an addict and mother not drinking at all had the biggest impact on my choice. It used to be really black and white to me, because I never saw that "drinking a couple of beers with friends at the karaoke bar"-part of the deal in my early youth, just the fatal damage that taking drugs and drinking can really cause. I claimed The Straight Edge in early 2007 because it felt right. I wasn't a drinker before that, actually I have been drunk only once so I don't have much to tell from that aspect. When my father collapsed and died in a tram two years ago, it surely didn't make me feel that I have missed anything if that can be the result of it. Not a groundbreaking story at all, just common sense.

What about Veganism? Same Question(s)!

I quit eating meat seven years ago because I realised there's no good reason to continue to do so. I had to face the fact that I'm not a primitive human animal creature fighting for my survival nor have a superior right to be cruel to someone who haven't done me any harm. I rarely think about the reasons these days as it feels so natural.

Would you say that these (XVX) necessarily go together (at least for you)? Or that one is more important than the other? Why?

I don't really understand the need to combine these two things. Being sober is anyway more important for me, because I gotta give a fuck about myself if I want to give a fuck about something else. Krokodil addicts don't probably give a fuck?!

And what about Hardline? Would you say that it is just music? Or, that the fascistic pro-life texts will make the youth totally homophobe? Any "Statement" from you?

Boring...

Same problem on another topic – Carnivore... I guess you know what they're singin' about? What's your excuse then for wearing their merch? Don't you ever think about the consequences? Like Nazis on Dinosaurs introducing the Apocalypse?

Problem? Nope. Carnivore is a really big influence on Foreseen. Both "Carnivore" and "Retaliation" LP's are masterpieces. Music is music, you don't need to agree with a movie to enjoy it, so why it's a different thing with other forms of art? If someone is stupid enough to pick up random words from here and there without willing to see the big picture, it's their problem and not mine or ours.

What are your thoughts on political correctness? I have the feeling that, more than in other countries, in germany it really reached an exaggerated and also pointless/misguided level by this time – you know what I mean? Do we really need a PC-Scene-Police, which concentrates more on the shirts you wear, music you listen to, books you read, etc., than on actively fighting racism and supporting the scene?

First of all there's the question of defining political correctness, which issues and opinions does it concern and who defines it in a "scene"? Is it just about racism and fascism, or does it include things like religion and animal rights as well? To a large extent, I think people should be allowed to think what they think. The difference comes when they're actively supporting things that have no place in hardcore. I agree with PC being exaggerated in Germany, almost to the level when bands don't want to play there because of this. Bands have got mislabelled as Nazis for totally ridiculous reasons. For example having a runic logo – "the Nazis also used runes, so these guys must also be Nazis" – you don't need a degree in philosophy to see the error in that logic! I have the feeling it may be a small number of people in the scene creating these problems, but few people seem to stand up to these misguided zealots because it's a good cause. Well the cause is good, but like with so many other "good causes", they're doing things wrong. It is creating a really intolerant, almost paranoid atmosphere, bands and individuals are getting wrongly ostracized, and it takes their time and effort away from actually fighting the issues they're concerned about. People should do more research before making serious accusations and realize that wearing a band's shirt doesn't mean you necessarily agree with every sentence in their lyrics – it just means you like their music.

Shout Outs!

Shout outs to Take It Back, Upright, Diskelmä, Ranger, Power Trip, Violent Reaction and The Flex. United forces worldwide!

FORESEEN
(except for some distro's)
S/T 7" – First Press – Sold Out!
(Take It Back/Green Menace/Powertrip)
(except for some distro's)
S/T 7" – Second Press (Take It Back)
Still Available!
Split 7" with Upright – Sold Out!
(Take It Back/Green Menace/Street Survival)
Discography Tape (Collision)
Sold Out!
Structural Oppression 7"
(Take It Back/Collision)
First & Second Press Still Available!
Some Special Editions/Rip-Off Covers
From my personal collection!
SEEN
Foreseen.
FORESEEN
FUCK RACISM
NO TOLERANCE
THE ROOTS
DON'T FORGET
ALWAYS KEEP
THE FAITH
UPRIGHT / FORESEEN
Since I have some free space right here
and this is literally the end,
I'd like to credit some of the awesome photographers
(although that you don't really see much of the photos)
Alexandra Berg (Lions)
Bierschinken (Get It Done!)
Holding The Moment (Pat/Inherit & Get It Done!)
Jannik Dohmen-Heinrichs (Lies!)
Jetro Staven (Foreseen)
Kevinpictures (Pat/X Repentance X)
Marco Schmidt (Get It Done!)
Mr. Zine (Foreseen)
Rabbit Riot (Lions/Animal Instinct)
xmdmxhcxphotos (Get It Done!)

The Eternal Jihad

"I'm through with tolerance, no more acceptances of your crimes. I do not care about your 'freedom' because your actions restrict mine"; begins their song. Vegan Reich: I, the jury.

Is it the law of some other less to decide and establish a dictatorship of veganism to free the non-human animals? My Opinion: Yes!

We live in a consumer society in which politicians are puppeteers, and the people consists of puppets and if something should someone try to cut the threads, he is driven away from the power of the mass and not land far from the sewer, because there are toward the free spirits. There is no room for alternatives, because this would be even pretend it could change something and dogmas were not indestructible. Let's take a quick example here:

A little boy, no older than 13 years old, lives on the street and is just to make ends meet by begging and claws. The alms of the hypocritical society are spent on alcohol and drugs.
What happens when this destitute boy steals a rich fat cat or even much offended "worse" or mocked him? Yes exactly, he is buried. Because the wheel of evolution has no time to let that stop by the so-called flaws of society. Even if this boy just offended someone or tells lies, is this Father State already slander.

In what vile world we live in where words towards people called character assassination.
The borders on pure audacity to use the word murder in the mouth, where every day millions of nonhuman animals are killed in slaughterhouses, for the funeral feast of the overweight generation.

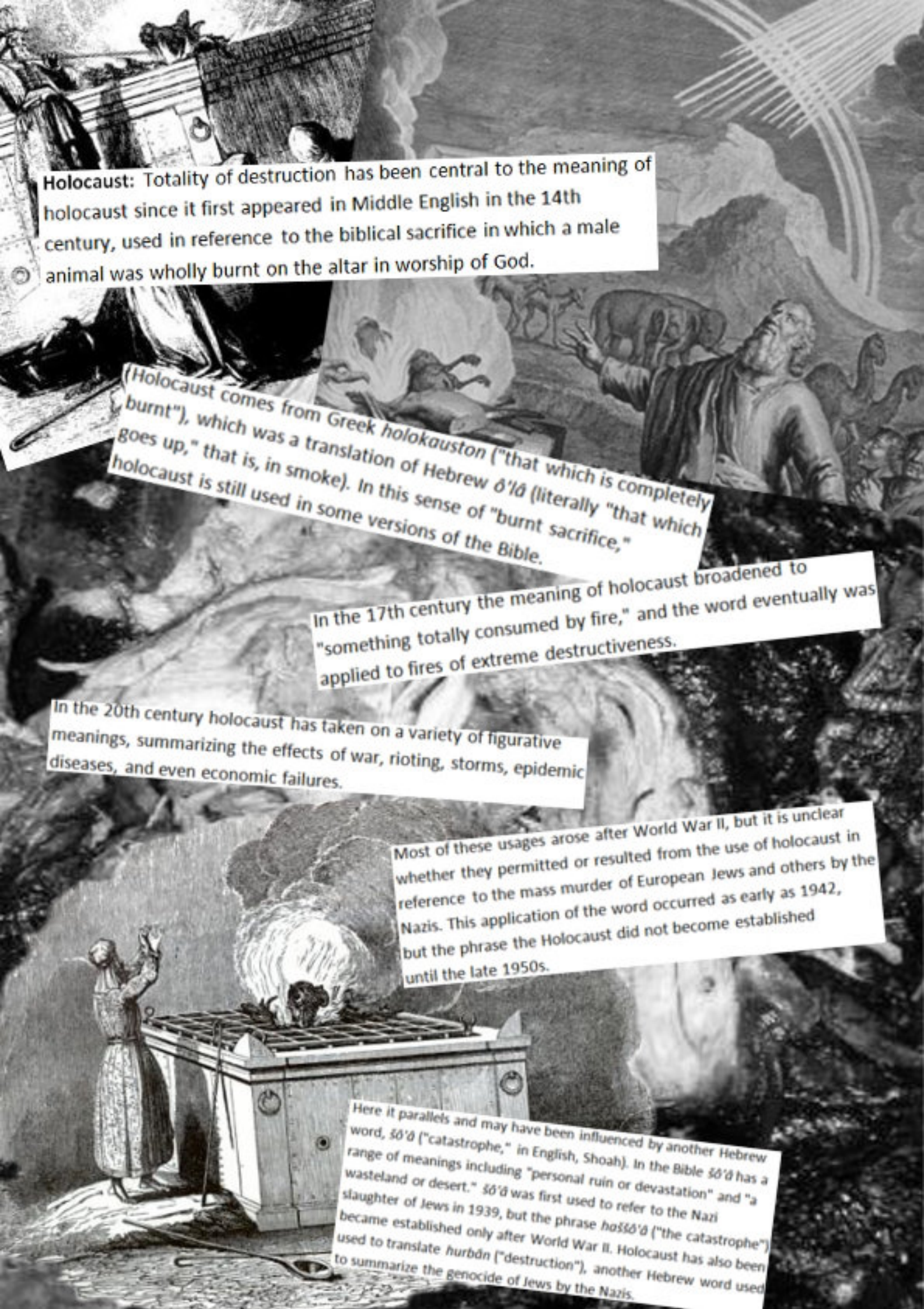
To summarize: I must say as a human being to another human being nothing that could hurt him, because otherwise I may be punished. But come and go every day millions of people to work and kill animals in slaughterhouses. Either I 'm a failure in the system, or something here is going really damn wrong! As long as people exploit non-human animals, enslave and kill and it is legitimized by the state and the lobbies, I will not wash my blood in innocence, but in the people who should be disposed of as waste.

I'm not a racist or fascist and do not in any way belong to the master race, but I think that should be the cancer that man is called to be eradicated.

I have no tolerance or acceptance of a society left on their hands and mouths is blood. None of you is innocent, for you are all closing your eyes. I close them, but because I see through all the tears nothing more that I shed for all the suffering that you're doing to our fellow creatures.
Even sadder is that if I will never stop crying, all the animals shed more blood now during the time I needed to write that text.

When justice becomes injustice, resistance becomes a duty. My resistance means: No one is innocent, or as expressed by Vegan Reich: "No one is innocent we all commit crimes, if you're not guilty in Their Eyes, you're guilty in mine. There are only two sides and did a line divide, if you stood in the middle you're not on my side."

(by Julian)



Holocaust: Totality of destruction has been central to the meaning of holocaust since it first appeared in Middle English in the 14th century, used in reference to the biblical sacrifice in which a male animal was wholly burnt on the altar in worship of God.

(Holocaust comes from Greek *holokauston* ("that which is completely burnt"), which was a translation of Hebrew *ôʿlâ* (literally "that which goes up," that is, in smoke). In this sense of "burnt sacrifice," holocaust is still used in some versions of the Bible.

In the 17th century the meaning of holocaust broadened to "something totally consumed by fire," and the word eventually was applied to fires of extreme destructiveness.

In the 20th century holocaust has taken on a variety of figurative meanings, summarizing the effects of war, rioting, storms, epidemic diseases, and even economic failures.

Most of these usages arose after World War II, but it is unclear whether they permitted or resulted from the use of holocaust in reference to the mass murder of European Jews and others by the Nazis. This application of the word occurred as early as 1942, but the phrase the Holocaust did not become established until the late 1950s.

Here it parallels and may have been influenced by another Hebrew word, *šôʾâ* ("catastrophe," in English, Shoah). In the Bible *šôʾâ* has a range of meanings including "personal ruin or devastation" and "a wasteland or desert." *šôʾâ* was first used to refer to the Nazi slaughter of Jews in 1939, but the phrase *haššôʾâ* ("the catastrophe") became established only after World War II. Holocaust has also been used to translate *hurbân* ("destruction"), another Hebrew word used to summarize the genocide of Jews by the Nazis.

Check this out!

http://x43x.blogspot.de/
Former Stuck In The Past Blogspot (last update was 4 years ago).
However, it's still cool to scroll through the pages!

http://hardcorefiles.wordpress.com/
Unfortunately its already dead, but there's still a lot of old stuff up there!

http://www.hardboiledzine.com/
Pretty cool E-Zine with some downloads as well.

http://pathtomisery.blogspot.de/
Obscure Metalcore from the past

http://www.blog.rwhaf.net/
Awesome blog about Records With History And Future!
(All the good old H8000 Stuff is featured and reviewed there!)

http://straightonview.blogspot.de/
The newest Hardcore stuff – even before it is officially released!

http://xstuckinthepastx.blogspot.de/
The almighty Stuck In The Past 90's Hardcore Webzine
(Shame on you if you don't know this)

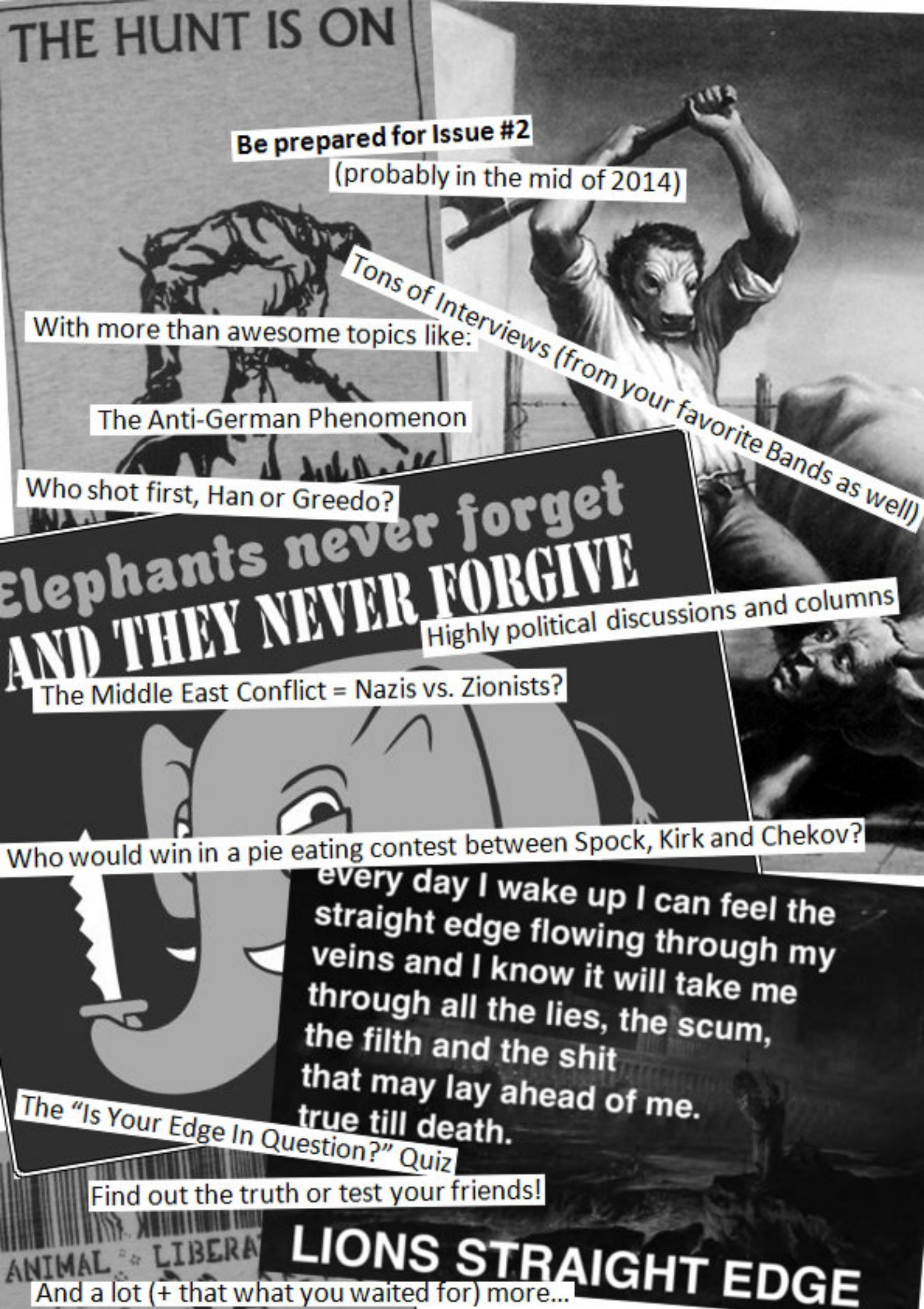
http://xonetruthx.blogspot.de/
90s Hardcore – dead as well, but still worth a look!

http://toxicbreedsfunhouse.blogspot.de/
The newest hardcore/metal/punk/whatever outputs and Compilations now and then.
(But only stuff that is approved by the band themselves.)

http://www.unchecked-aggression.com/
A Rip-Off of my own Blogspot (just 100 times better)
(A new 90's Metalcore raritie every few days)

http://xwhatwedoissecretx.blogspot.de/
Mostly violence/grind stuff, but some rarities as well!

http://wherexitxwent.blogspot.de/
Underrated and/or hard to get Hardcore releases.
(Obscure d-beat and Japan shit – I wouldn't have posted this if it wasn't from my best friend)


THE HUNT IS ON
Be prepared for Issue #2
(probably in the mid of 2014)
Tons of Interviews (from your favorite Bands as well)
With more than awesome topics like:
The Anti-German Phenomenon
Who shot first, Han or Greedo?
Elephants never forget
AND THEY NEVER FORGIVE
Highly political discussions and columns
The Middle East Conflict = Nazis vs. Zionists?
Who would win in a pie eating contest between Spock, Kirk and Chekov?
every day I wake up I can feel the
straight edge flowing through my
veins and I know it will take me
through all the lies, the scum,
the filth and the shit
that may lay ahead of me.
true till death.
The "Is Your Edge In Question?" Quiz
Find out the truth or test your friends!
LIONS STRAIGHT EDGE
ANIMAL LIBERA
And a lot (+ that what you waited for) more...